

ABOUT BOYS AND GIRLS CLUBS

OUR MISSION

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

OUR TRADITION

For over 100 years, Boys and Girls Clubs across Canada have carried on a tradition of helping young people to discover, develop and achieve their full potential as adults, citizens and leaders, by engaging them in activities that challenge and enrich their minds, bodies and spirits and nurture their self-esteem.

OUR MOVEMENT

Today, Boys and Girls Clubs of Canada is a leading provider of quality programs to children and youth that support the healthy physical, educational and social development of more than 200,000 young people and their families each year. We are an association of over 100 clubs located in 700 community service locations across Canada.

A GOOD
PLACE
TO BE



COMMUNITY SUPPORT

We are grateful for generous community support in the way of corporate sponsorships for our fundraising events, donations of food, items and equipment, private donations and the countless volunteer hours without which our programs would not be successful. Thank you!

THANKS TO OUR CORE FUNDERS

- Ministry of Children and Family Development
- Blue Jays Foundation
- Interior Health Authority
- Service Canada
- Boys and Girls Club of Canada
- Provincial Employees Community Services
- Canadian Tire Foundation
- Thompson-Nicola Cariboo United Way
- Capital One
- CIBC Foundation
- City of Williams Lake
- Ministry of Public Safety and Solicitor General



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Williams Lake & District

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Boys & Girls Club
Williams Lake & District

Programs and Services



Providing children & youth
with a good place to be.

PROGRAMS & SERVICES

Youth Drop-In Centre

Commonly known as NOOPA, our Club has a drop-in centre for youth between the ages of 13 and 18. Youth can participate in activities such as arts and music, have access to computers, games and entertainment and participate in a multitude of special events (Halloween Haunted House, Summer Street party, Karaoke Nights, BBQ's and dances). For some youth, our Club is simply a place to come and 'hang-out'. Others, however, require additional support from our trained staff.

Monday to Thursday 3:00-8:00pm
Fridays 4:00-10:00pm
Closed Weekends & Stat Holidays



'The KidZone' Out-of-School Program

Supported by Boys and Girls Club of Canada, our licensed program follows the "Power-Up and Torch Club" national curriculum as well as offering a variety of pro-social recreation and physical education activities. 'The KidZone' extends beyond child-minding to be an extended learning opportunity including arts, crafts, science, music programming, literacy, skiing, hiking, cooking and our Sprockids mountain biking program. Ages 7-12.

Monday-Friday 3:00-5:30pm \$10/per child/day
Out of School Days including Summer Day Camp
Monday - Friday 8:30-5:30pm \$20/child/day

** If costs presents a barrier, please speak to the Program Coordinator. ** All equipment is provided for activities when necessary.*

Outreach and Advocacy

For youth who face significant challenges in their lives, our outreach staff provide much needed support and advocacy. Working with other community agencies and government partners, staff help these youth learn to manage themselves in often volatile situations, access community services and help prevent them from making destructive decisions. Individual support and mentoring is also provided for youth referred by the Ministry of Children and Families to the Independent Living Program. Ages 6-18



Mountain Biking

Our mountain Biking program provides youth at all skill levels with opportunities to experience one of the Cariboo's best recreational activities. Equipment is provided when required. Ages 7-18

Baseball

Our Spring & Summer Baseball program, sponsored by the Toronto Blue Jays 'Jays Care Foundation' is an opportunity for kids to learn about baseball, meet new friends and build confidence and self-esteem. All equipment is provided. Ages 6-12



Youth Empowerment Workshops

Our Club offers a variety of free workshops to youth aged 13-18 throughout the year. These workshops often focus on such issues as leadership and self-care, as well as mental, physical, emotional, and sexual health.

Health, Nutrition and Self-Care

Our Club has a full kitchen where hot meals are served nightly and youth learn to prepare and enjoy proper meals. The Club also has full shower and laundry facilities available for youth.



Community Education & Awareness

Our Sexual Health, HIV/AIDS and STI Prevention workshops are delivered in schools and community agencies with a focus on prevention. We strive to focus on preventing unhealthy choices, redefining what is "cool" and coping with peer pressure.

Glass Slippers

The Glass Slippers Boutique loans formal wear, shoes, accessories, tux rentals and possible monies to help with graduation fees and more to low-income youth. The purpose of the Boutique is that it be accessible to all youth within the community.

